



Register for ASIST
online at
www.crisis.org,

e-mail
office@crisis.org,

or call 612-852-2224

For questions regarding
logistics or registration, contact
Fran Lyon-Dugin at 612-852-
2224 or

fran.lyon-dugin@crisis.org

For questions regarding training
content, contact Gretchen
Domek at 612-852-2217 or
Gretchen@crisis.org

**Questions? Contact
Crisis Connection
612-852-2200**

**Directions to
University of St. Thomas
1000 LaSalle Ave.
Minneapolis, MN**

FROM THE WEST

OPTION ONE: I-394 East to I-394
Downtown Exit
to 12th Street North (exit 9A); to
LaSalle Avenue; turn
left (north) on LaSalle Avenue to
11th Street; turn left
(west) on 11th Street. The campus
will be on your
right.

FROM THE EAST

I-94 West to 11th Street Exit (exit
233A); turn left.
West on 11th Street to LaSalle
Avenue (one block
past Nicollet Mall). Campus will be
on your right.

FROM THE SOUTH

I-35W North to Downtown Exits to
11th Street / Grant
Street Exit (exit 16A); turn left. West
on 11th Street to
LaSalle Avenue (one block past
Nicollet Mall). Cross
LaSalle Avenue. Campus will be on
your right.

FROM THE NORTH

I-35W South to West I-94. West on I-
94 to
11th Street Exit. West on 11th Street
to LaSalle
Avenue (one block past Nicollet
Mall). Cross
LaSalle Avenue. Campus will be on
your right.

Applied Suicide Intervention Skills Training (ASIST)

Thursday, March 25

8:30 am – 4:30 pm

and

Friday, March 26, 2010

8:30 am – 4:40 pm

(Must be able to attend both
days in full)

**Conducted by Crisis
Connection**

In partnership with

The University of St. Thomas



ASIST

Two day ASIST is designed for members of all care giving groups to improve their abilities to intervene with a person at risk of suicide until either the immediate danger of suicide is reduced or additional assistance or resources can be accessed.

Objectives

Upon completion of this training, participants should be able to:

- recognize that caregivers and persons at risk are affected by personal and societal attitudes about suicide;
- discuss suicide with a person at risk in a direct manner;
- identify risk alerts and develop safeplans related to them;
- demonstrate the skills required to intervene with a person at risk of suicide;
- list the types of resources available to a person at risk of suicide, including themselves;
- make a commitment to improving community resources; and,
- recognize that suicide prevention is broader than suicide first aid and includes life promotion and self-care for caregivers.

Date/Location

Thu, Mar 25 and Fri, Mar 26, 2010

University of St. Thomas
Terrence Murphy Hall TMH252
[1000 LaSalle Ave, Minneapolis, MN](#) (Click on link for map, directions, and parking options.)

Agenda

(Breaks and refreshments included throughout the day)

Thursday, Mar 25, 2010

- Registration/continental breakfast
- Introduction and Overview
- Connecting Phase
- Small Group Discussion
- Lunch
- Understanding Phase
- Small Group-Reviewing Risk
- Small Group—Contracting Safeplan

Friday, Mar 26, 2010

- Reassembly/Continental Breakfast
- Assisting Phase Structure of Intervention
- Process of Intervention
- Simulations
- Lunch
- Simulations
- Networking

Registration is available online at www.crisis.org beginning January 15, 2010. Payment available online or by check made payable to Crisis Connection (PO Box 23090, Richfield, MN 55423).

Registration fees include all materials, continental breakfast, lunch and snacks.

Regular Registration: \$195
Early Bird Registration (Feb 15, 2010 deadline): \$145
Student Registration: \$95

Three or more participants from same organization registering together: 10% discount

Instructors are trained and registered for ASIST through LivingWorks. Training is valued by LivingWorks at \$275 and Crisis Connection appreciates the support of University of St. Thomas for its support in defraying some of the cost for participants. CEUs pending.